

# Loveland City Schools District COVID Guidelines

*This plan will be revised as guidelines are updated- last revised 1/2/22*

## Isolation and Quarantine Guidelines

### If You Test Positive for COVID-19 (isolate)

**Everyone, regardless of vaccination status**

- Stay home for 5 days.
- If you have no symptoms or symptoms are resolving after 5 days, you can leave your house.
- Continue to wear a mask around others for 5 additional days.

Stay home until your fever is gone and other symptoms are better.

### If You Were Exposed to Someone with COVID-19 (Quarantine)

**If you:**

Have been boosted

**OR**

Completed the primary series of Pfizer or Moderna vaccine within the last 6 months

**OR**

Completed the primary series of J&J vaccine within the last 2 months

**OR**

Have tested positive for COVID-19 within the last 90 days (documented).

- Wear a mask around others for 10 days.
- Test on day 5, if possible

If you develop symptoms, get a test and stay home.

**If you:**

Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted

**OR**

Completed the primary series of J&J vaccine over 2 months ago and are not boosted

**OR**

Are unvaccinated.

- Stay home for 5 days. After that continue to wear a mask around others for 5 additional days.
- Test on day 5 if possible

If you develop symptoms, get a test and stay home.

Related links:

CDC: <https://www.cdc.gov/media/releases/2021/s1227-isolation-quarantine-guidance.html>

ODH Flow Chart: [ODH Flow Chart](#)

## **Mask to Stay, Test to Play (for in school setting exposures only)**

Updated quarantine guidelines (Masked to Stay/ Test to Play) effective 12/30/21

**The eligibility of students to participate in “Mask to Stay/Test to Play” applies only to the exposure being in the school setting or school-related activities.**

### **Mask to Stay**

The eligibility of a student to participate in Mask to Stay applies only to the exposure being in the school setting. **Individuals who are exposed outside of the school environment will still be required to quarantine for**

Students exposed in a school setting, regardless of vaccination or masking status, may remain in the classroom if they do the following:

- Wear a mask for 10 days after their last date of exposure.
- Self-monitor (or parent-monitor) for symptoms of COVID-19.
- Isolate and get tested if they start to experience symptoms of COVID-19 (regardless of how severe the symptoms are)
- Testing on day 5 is recommended

### **Test to Play**

Asymptomatic students may continue to participate in extracurricular activities if they do the following:

- Wear a mask when able (this includes transportation, locker rooms, sitting/standing on the sidelines, and anytime the mask will not interfere with breathing, the activity, or create a safety hazard).
- Test on initial notification of exposure to COVID-19 and test negative.
- Testing on day 5 after exposure is recommended
- Vaccinated students will need to provide proof of vaccination or test

This test can be a PCR or Antigen but **must be proctored** (for at-home testing) or done by a health care provider/ testing site.

Related links:

ODH Mask to Stay: [Mask to Stay, Test to Play](#)

## **Preventive Measures (The Bundle)**

**Face Masks-** Face coverings/ masks are required throughout the day for students PreK-6 except for those with administrative approval. Masks are required for staff PreK-12 and everyone when riding school transportation (per federal law).

**Physical Distancing-** Each classroom will be reconfigured to maximize physical distancing allowing for at least 3 ft. and all are encouraged to keep this distance throughout the day.

**Handwashing/Hand sanitizing**

**Cleaning/Disinfection**

## Symptoms of possible COVID-19

People with COVID-19 have had a wide range of symptoms. Symptoms may appear 2-14 days after exposure to the virus (omicron variant appears to have a shorter incubation time). **Parents should do health checks with their child(ren) prior to coming to school and keep them home if sick.** These symptoms may be a sign of COVID-19 and you need to call your healthcare provider for further recommendations:

- Fever or chills (100 degrees or greater)
- Cough (non- asthma)
- Shortness of breath or difficulty breathing
- Unexplained fatigue
- Muscle or body aches (not from exercise)
- Headache (not a normal condition for staff or students)
- New, unexplained loss of taste or smell
- Sore throat (non- allergy)
- Congestion or runny nose (non- allergy)
- Nausea (severe) or vomiting
- Diarrhea

### Illness and Return to School (we follow HCPH guidance as well as CCHMC)

If a student/ staff member comes to the clinic with the following symptom(s):

#### Category 1

One of the following symptoms:

Cough  
Shortness of breath  
Difficulty breathing

#### Category 2

Two of the following symptoms:

Fever > 100 degrees F  
Chills  
Rigors (chills with shaking)  
Myalgia (body aches)  
Headache (not migraines)  
Sore throat (not allergy)  
New loss of taste or smell  
Congestion with runny nose (not allergy)  
Nausea, vomiting and/or diarrhea

### **When to Stay Home/ Safe Return to School:**

- Symptomatic students and any student awaiting the results of a COVID-19 test (regardless of symptoms) should be kept at home.
- Symptomatic student/staff determined to have an alternate cause or illness by their medical provider (provide medical documentation) to say it's safe to be back
- Symptomatic student/ staff not tested without medical provider clearance must stay home for 5 days from symptom onset, 24 hours fever free (no fever reducing medications) and improved symptoms. They will need to mask for 5 additional days.
- Symptomatic student/ staff with test negative must stay home until fever free for 24 hours and improved symptoms- follow ODH guideline

## **COVID At Home Tests**

- COVID at home tests are acceptable/ allowed in conjunction with a telehealth visit (medical), proctored tests (the library is handing these out) or receive documentation by a healthcare provider with results that are validated. To check on at home test availability at the nearest library that carries them (Symmes library), call 513-369-6001 and prompt #2 for library personnel.
- This applies to both positive and negative test results
- Please make sure that tests sent in / faxed have the student's name and preferably their date of birth also

## **Voluntarily Report Vaccination Status**

Voluntary reporting of vaccination status will assist us in properly identifying if a student needs to quarantine. You can submit vaccination status and documentation via this link: [\[Link\]](#) or by contacting your building clinic to voluntarily report. This information will be kept confidential and only used to assist in COVID-19 contact tracing