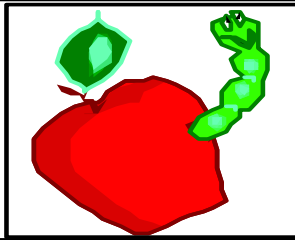


Health Beat



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LEAAD Coalition

LEAAD is the community group working on prevention and education for drugs and alcohol here in Loveland. Here's an update on recent happenings:

- Members reflect the community, but we are in need of more members willing to commit some time and effort to making this Coalition even more effective. We meet the 2nd Monday of each month (call 677-7973 for more info)
- LEAAD stands for **L**oveland **E**ducating **A**gainst **A**lcohol and **D**rugs. Our focus is prevention and education.
- **April 25** we are sponsoring a **Drug Take Back Day 10am-2pm** here in Loveland at the Safety Center and Primary/ Elementary circle drive. Drop any unused, not needed, or expired medications off and we will dispose of them properly.
- LEAAD Youth Ambassadors have been very active. We have over 30 LMS and 70ish LHS ambassadors who are actively working on ways to highlight prevention. They recently met with Governor DeWine and Senator Portman where they sought out our student's opinions and actions to combat addiction and promote prevention in our community. We are so proud of all they are doing! Next up is a foosball tournament against another student led coalition and May 5 traveling to Columbus for the "We Are The Majority Rally" in support of students who choose to be drug and alcohol free
- Katie Sedziol is the LEAAD Coordinator and is a Prevention specialist. She is dynamic, awesome to work with, knowledgeable, and her focus is on our Youth Led Coalition: LEAAD ambassadors. If you would want to help with this part of the Coalition, please email her at sedzioka@lovelandschools.org

Sub Health Aides Needed!!

We are in **desperate need** of substitute health aides on an as needed basis in the clinics. You must be a RN or LPN, currently licensed. As a sub, you are always backed up by the District Nurse who will respond to any of your questions, concerns or emergencies. Training is provided and we're great to work with!

Ugh- Flu Season!!

It's that time of year- **cold and flu season!** We are hearing of many cases of flu in our region and some in the district. We are doing everything we can to prevent the spread of the flu/ cold viruses, but we need your help. Here are some tips to keep us healthy this flu season:

- Our custodial staff has been using the 360 Clorox machine which we purchased several years ago. High touch point areas as well as rooms that have been identified with known cases are being targeted in all buildings
- Handwashing presentations were done at all the PS-4 grades in the new year and the 5-8 grades will all view a video reminder. Handwashing, cough into the sleeve, and "stay away from the T-zone" were emphasized. **Parents- review these with your children!**
- Keeping sick students home (fever, vomiting, constant cough, diarrhea) for 24 hours after symptoms are gone will help us
- Hydration, sleep, and eating well will help also to keep their immune systems strong.

Annual Screenings

We will be doing screenings/ re-screens at the buildings during the month of April and May. **If you do not get a letter from us, assume your child passed.** Here's our screening schedule:

- Rising 1st graders- vision, eye muscle, stereopsis, and hearing
- Rising 3rd graders- vision and hearing
- Rising 5th graders- vision and hearing all students. **Scoliosis girls only done at schedule pick up.**
- Rising 7th graders- vision all students. Scoliosis girls only.
- Rising 8th grade boys- scoliosis
- Rising 9th graders- vision and hearing **done at 9th grade orientation**
- Rising 11th graders- vision and hearing **done right after 9th grade orientation (same day)**