

# 2018-2019

## LHS, LMS, LIS BREAKFAST MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Grain Choices</b>	Grab n Go Cereal	Blueberry Lemon Bread	Cinnamon Toast	Chocolate Chip Bread	Grab N Go Poptart
Fruit choices	Fruit juice	Fruit juice	Fruit juice	Fruit juice	Fruit juice
Fruit choices	Variety of fresh fruit or fruit cup	Variety of fresh fruit or fruit cup	Variety of fresh fruit or fruit cup	Variety of fresh fruit or fruit cup	Variety of fresh fruit or fruit cup
Milk Choices	1% White or Fat Free White or Fat Free Chocolate	1% White or Fat Free White or Fat Free Chocolate	1% White or Fat Free White or Fat Free Chocolate	1% White or Fat Free White or Fat Free Chocolate	1% White or Fat Free White or Fat Free Chocolate
<b>ALTERNATE CHOICES TO OFFER:</b>					
<b>Grain Choices</b>	Bagel w/Cream cheese	Yogurt Parfait w/ Gramcrackers	French Toast Sticks	Oatmeal & Fruit Cups	Pancake Sausage on a stick